



PORT DOUGLAS  
DAINTREE

# TREAD LIGHTLY ITINERARY

## GUIDING PRINCIPLES FOR A SUSTAINABLE HOLIDAY:

- » Seek out Eco Certified experiences. They have done the hard work to give your travellers the confidence their visit will have a positive impact on the region's environment, culture, and community.
- » Spend longer in select destinations to reduce flights and fully immerse in the experience.
- » Combine culture, nature-based experiences, and interpretation to elevate appreciation of a place and connection to its land.

### DAY 1

Arrive on a carbon offset flight with travel from an Australian capital city or inbound flight direct into Cairns.

Hire an electric car and familiarise yourself with electric charge points dotted throughout the region or take a shuttle bus to one of the region's ECO Certified hotels:

- Thala Nature Reserve
- Silky Oaks Lodge
- Daintree Eco Lodge
- Daintree Wilderness Lodge

If you prefer to be based in Port Douglas, the selection of Accor properties are tackling climate change with their groups Planet 21 initiatives.

### DAY 2

The Great Barrier Reef is the best managed reef in the world. Every visitor contributes to its preservation through the Environmental Management Charge applied to every day tour. Select an eco-certified operator who is committed to reducing their footprint and quality interpretation, to elevate understanding of this underwater wonderland. Choose from a dive/snorkel/ multi activity pontoon or island experience.

### DAY 3

Spend the day connecting with the world's oldest living culture and the first nations people of the local land, the Eastern Kuku Yalanji. Choose between a bespoke rainforest walkabout, participating in a dot painting class, dreamtime walks at Mossman Gorge or learning hunting techniques with Yalanji guides. Connect with the land and its stories while learning about today's thriving Yalanji culture.

Spend the afternoon exploring Port Douglas on an e-scooter or leisurely stroll the length of iconic Four Mile Beach. For the more adventurous, discover the beautiful and historic Bump Track only a short 10 minute drive from Port Douglas. Hike it or bike it – the views from the top are worth it.

### DAY 4

It's the world's oldest living rainforest and home to some of the planet's most extraordinary wildlife – the Daintree Rainforest beckons.

Join an eco certified full day rainforest experience with a highly trained guide who brings to life the lush surrounds. Enjoy board walks, swimming holes, a river cruise to see estuarine crocodile in the wild, all the while exploring the ancient place.

### DAY 5

Time to leave this region dedicated to sustainable travel to experience another unique Australian destination. Make the most of your last day with a visit to the bustling Port Douglas Sunday Market. It's the perfect spot to pick up a final local made souvenir (and plenty of tasty, sweet treats!). Take in the last of the Port Douglas vibe with a walk up the Flagstaff Hill Walkway, basking in the final views of Four Mile Beach, the Coral Sea, and the Daintree Rainforest.

## DINING WITH A DIFFERENCE

Salsa Bar and Grill – an enduring dining institution and locals favourite tackling their waste reduction by partnering with Green Food Australia for food waste to be upcycled into organic soil enhancing products and encourage growers to use them in their soils – putting the carbon back where it belongs.

Seabean Tapas Bar & Restaurant – Locally owned Spanish bistro committed to sustainability through reduced energy consumption, locally sourced food and minimising single use plastics.

Port Douglas and the Daintree is the first destination to achieve Ecotourism Australia ECO Destination Certification, our commitment to sustainable travel and communities.



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DESTINATION  
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