



PORT DOUGLAS
DAINTREE

THE ULTIMATE 7 DAY ESCAPE

DAY 1: SETTLE IN

Welcome to paradise! Kick off with a wander down to Four Mile Beach to bask in the beauty of the golden sands or take a dip in the warm waters – just be sure to swim between the flags. Admire the tropical sunset at Rex Smeal Park before taking a gentle stroll down Macrossan Street, lined with fairy lights. Discover why this picturesque seaside village is famed for its vibrant and varied dining scene.

DAY 2: GET WILD

This region is teeming with extraordinary wildlife unique only to this area. Wildlife Habitat is the place to “Breakfast with the Birds”, hand feed kangaroos and wallabies, spot a cassowary up close, or if you are feeling brave, jump in the water for a “Swim with the Salties” experience! Alternatively, it’s a short trip to Hartley’s Crocodile Adventures where you can watch a crocodile feeding show and wander the boardwalks amongst a vast array of Australian wildlife. In Port Douglas, book a tour on the iconic Lady Douglas riverboat as she glides along the Dickson Inlet, where you’ll spot crocodiles lurking or sunning themselves on the banks.

DAY 3: EXPLORE A GREAT NATURAL WONDER

The World Heritage listed Great Barrier Reef is the only living structure that can be seen from outer space. No matter your age or swimming ability, there is a Great Barrier Reef experience for everyone. From snorkelling to diving, island adventures to secluded sand cays, full day or half day experiences, there is something to suit everyone – even those that don’t want to get wet won’t miss out on exploring this underwater wonderland.

DAY 4: ROAD TRIP BEYOND

The Tablelands holds an abundance of natural beauty and delicious treats. From quaint villages and waterfalls to volcanic lakes alongside cheese farms, chocolate makers and coffee plantations, the area has a rich diversity of nature and fun. Only a 1.5-hour drive from Port Douglas, explore at your own pace or book a tag-a-long tasting tour with Brett’s Outback Tasting Adventures – BYO car! Or join them on the bus, whilst relaxing in comfort, as your experienced guide takes you to 7 delicious “foodie” stops across the Tablelands.

DAY 5: DREAMTIME

The Eastern Kuku Yalanji are the traditional custodians of these lands.

Mossman Gorge is an area of huge spiritual and cultural value to the Kuku Yalanji people. Join a Ngadiku Dreamtime Walk from Mossman Gorge Centre where guides share their fascinating, ancient knowledge of this area. Back Country Bliss Adventures is a river snorkelling tour on the Mossman River where you glide through crystal clear waters surrounded by the life of the rainforest. Walkabout Cultural Adventures offers full day personalised tours where you’ll search for and taste bush tucker, try spear and boomerang throwing and visit cultural sites throughout the region.

DAY 6: DEEP INTO THE DAINTREE

Head north and cross the mighty Daintree River where you’ll be captivated by the immense rainforest and unspoiled beaches. Visit the Daintree Discovery Centre for access to every level of the rainforest; from the forest floor to the upper most reaches of the canopy. Cool off at Mason’s Creek, stopping at Mason’s Café for their famous jackfruit burger. Wander the boardwalks dotted along the drive to Cape Tribulation and see if you can spot a cassowary as you wind your way through the ancient surrounds. By booking a Daintree Rainforest tour, you’ll benefit from local knowledge, private access to hidden gems and gain a deeper understanding of this Jurassic forest, which is home to the oldest living culture on planet Earth.

DAY 7: TILL NEXT TIME

Make the most of your last day with a visit to the bustling Port Douglas Sunday Market. It’s the perfect spot to pick up a final souvenir (and plenty of tasty, sweet treats!). Take in the last of the Port Douglas vibe with a walk up the Flagstaff Hill Walkway, basking in the final views of Four Mile Beach, the Coral Sea, and the Daintree Rainforest, mentally planning your next trip back to paradise.